Having good health is important for you and your family. Health benefit programs may be federal, state or local programs. Many immigrants avoid going to the doctor because:

- They do not understand the health care system in the U.S., or
- They are not eligible for health insurance programs or
- They are worried about how to afford medical services.
- They are worried how using health care will affect their immigration status.

Below are some common questions to help you begin to understand how you and your family can access health care in order to prevent or treat illness and handle medical emergencies.

Will using government health benefit programs, such as Medi-Cal or Healthy Families, affect my immigration status?

No. Using health care programs, whether they are federal, state or local programs, will not affect your immigration status or your ability to apply for a green card in the future, unless you are receiving Medi-Cal to pay for long-term medical care in a hospital, such as a mental institution or nursing home. (See pg. 5 for more information on how using benefits may or may not affect your status.)

Which programs require legal status in order to use them?

In some cases, certain programs require information about your immigration status to make sure you are a “Qualified immigrant.”* If you are the person directly receiving the benefit, the following programs will require you be a “qualified immigrant”:

- **Healthy Families for Children** - Full health, vision and dental care for children.
- **Healthy Families for Parents** (in the near future eligible parents of children who receive Healthy Families may also be eligible for health coverage. Eligible parents will need to be citizens or have a green card)
- **Full Medi-Cal** - doctor visits, hospital nursing care, prescription drugs, emergency care, prosthetic/orthopedic devices, pregnancy-related care, and some dental.
- **In-Home Supportive Services for persons who are blind, disabled or elderly** - personal care, meal preparation, and transportation to medical appointments.
- **Medicare for Seniors** - free hospital insurance (Part A) and opportunity to buy medical insurance (Part B).

To find out if you are eligible, contact your local welfare office or an agency listed below.

*See page 3 for definitions of “qualified immigrant.”
Is it true that if I am undocumented, I am not eligible for any health benefit programs?

No. There are many programs that do not require U.S. Citizenship or legal status in order to participate.

The following programs are available to ALL persons, regardless of immigration status:

For everyone (Adults, children, seniors, disabled persons):

- Community or Free Clinics and County Medical Services - including immunizations for children and adolescents, HIV/AIDS-related care and treatment, tuberculosis screening, diagnosis, and treatment.
- ROTACARE - mobile health unit
- Mental Health Services
- Medi-Cal - Breast & Cervical Cancer Treatment Program
- Restricted Medi-Cal for emergency hospital care, and Long Term Care.

ALL CHILDREN, regardless of immigration status, can apply for health insurance in Santa Clara County.

For children:

- Healthy Kids in Santa Clara County - full health, vision and dental. Similar to Healthy Families.
- Community or Free Clinics and County Medical services.
- Restricted Medi-Cal for emergency hospital care, Minor Consent Services and Long Term Care.

- Women, Infants and Children (WIC) - food vouchers for children under 6 and referrals to doctors and clinics.
- Child Health and Disability Prevention Program (CHDP) - free checkups, diagnosis and medications.
- California Children's Services - assistance with payment for specialized health care for children under 22.
- Minor Consent Services - free and confidential medical treatment without parent consent for youth between 12-21 years old. Pregnancy-related care, family planning, counseling for victims of sexual assault, drug/alcohol abuse recovery, treatment of sexually transmitted diseases, mental health care.
- Mental Health Services - Free/ low cost mental health services.

For Pregnant Women:

- Community or Free Clinics and County Medical services.
- Medi-Cal Services for pregnancy related care, labor and delivery of your baby.
- Women, Infants and Children (WIC) - while you are pregnant you can get food vouchers, health care referrals, nutrition education and counseling.
- Access for Infants and Mothers (AIM) - low-cost health care, including labor and delivery up to 60 days after your child's birth. If your child was born while you were on AIM, you can get full health care for your child up to 2 years of age.
Need to get somewhere? For VTA (bus) information on how to get to an agency, call (408) 321-2300. Give the operator facts about where you are coming from and where you would like to go.

Individual & Family Health Care

For Seniors:

- Restricted Medi-Cal for emergency hospital care, and Long Term Care.
- Long-Term Care – helps pay for care in an institution such as a nursing home or convalescent home regardless of immigration status.
- HICAP – Counsels seniors on Medicare, supplemental, long-term care and managed care

For Persons who are blind or have Disabilities:

- California Children's Services – assistance with payment for specialized health care for children under 22.
- Long-Term Care – helps pay for care in an institution such as a nursing home or convalescent home regardless of immigration status.
- Restricted Medi-Cal for emergency hospital care, Minor Consent Services and Long Term Care.
- Regional Center Services – assistance to pay for specialized health care, regardless of status. Includes personal care, specialized medical and dental care, physical therapy and equipment. To apply call (415) 546-9222.

To find out if you are eligible for any of these programs, contact your local welfare office or an agency listed below.

I have no insurance and I am undocumented. Will the hospital turn me away?

In 1986, the government passed a law that prevents hospital emergency rooms from refusing to treat people who need emergency medical assistance, but have no health insurance or other ways to pay.

How will I pay for my medical bills if I have no insurance?

To pay for emergency room visits, hospitals offer a program called Ability to Pay Program, but you must request this program within 2 calendar months of your hospital/medical visit. You may also try to apply for Restricted Medi-Cal to help pay for part of the medical costs. Applying for Restricted emergency Medi-cal will not affect your immigration opportunities in the future. (See pg. 5 for more information on how using benefits may or may not affect your status.)

American Red Cross
San Jose: 2731 North First Street, San Jose, CA 95134-2029
Tel: (408) 577-1000
Website: www.redcross.org/ca/scv
Language(s): Spanish
Services: Standard First Aid, Community First Aid and Safety, Adult CPR, Community CPR, First Aid Basics, CPR for the Professional Rescuer, Automated External Defibrillation, Emergency Response Training, Community First Aid, International Humanitarian Services, Armed Forces Emergency Services, and Homelessness Prevention Program, Introduction to Disaster Services, Disaster Action Team (DAT) Orientation, Mass Care, Shelter Operations, Disaster Health Services, Volunteers Talking to the Media, Damage Assessment, Emergency Assistance to Families, Crisis Intervention Training (CIT), Living With Earthquakes.

Mountain View:
400 Mitchell Lane, Palo Alto, CA 94301
Tel: (650) 688-0415
Website: www.redcross.org/ca/svc
Language(s): Spanish
Services: Standard First Aid, Sport Safety Training, Community First Aid, Adult CPR, Child CPR, Adult CPR and Skill, Community CPR, First And Basics, CPR for the Professional Rescuer.

Gilroy:
7365 Monterey Road, Suite E, Gilroy, CA 95020
Tel: (408) 842-4414
Website: www.redcross.org/ca/scv
Language(s): Spanish
services: first aid, adult cpr, first aid basics, babysitters training, community first aid and safety, introduction to disaster services, mass care, and shelter operation.

the health trust
2085 hamilton ave. suite 150, san jose, ca 95125
tel: (408) 559-9385
tel: (408) 961-4893 family health insurance
website: www.healthtrust.org
language(s): spanish and vietnamese
services: assists families in applying for a variety of health insurance programs.

mayfair improvement initiative – casa en casa program
2342 alum rock ave, san jose, ca 95116
tel: (408) 251-6900
language(s): spanish, english
services: health education, children’s health insurance application assistance

promotoras project of santa clara county
778 n. 1st st. #202, san jose, ca 95112
tel: (408) 286-5680 x 101
language(s): spanish
services: offers professional training and leadership development around issues of health access to latina immigrant women to serve as community health promoters.

services, imigrant rights & education network (siren)
778 n. 1st st, san jose, ca 95112
tel: (408)286-5680
immigrant assistance & information lines:
spanish (408) 286-1698 vietnamese (408) 286-1448
website: www.siren-bayarea.org
services: information and referral hotline regarding public benefits, community education on public benefits, advocacy on changes in the law. training and technical assistance on immigration and related issues.

benefit programs
access for immigrants & mothers (aim)
tel: (800)433-2611
languages: english & spanish
services: for pregnant women and children born under aim. health coverage for pregnant women including hospitalization, labor and delivery: check-ups and health insurance for child up to age 2.

ability to pay determination program (valley medical center)
tel: (408) 885-7470
language(s): spanish, chinese, vietnamese, and others available.
services: persons receiving services can make arrangements to set up a payment plan for bills. must apply within 2 calendar months of services. medical care, prescriptions, diagnosis and treatment of stds (sexually transmitted diseases), communicable diseases such as tuberculosis, immunizations.

breast cancer early detection program
tel: (800) 824-0088 option 3
language(s): spanish
services: eligibility and treatment services for breast and cervical cancer

chdp check-ups (child health & disability prevention program)
770 s. bascom ave, san jose 95128
tel: (408) 494-7800 or (800) 689-6669
language(s): vietnamese, chinese, tagalog, mandarin, and spanish
**Individual & Family Health Care**

Services: For Children birth to 21 years. Check-ups, vision and hearing tests, lab tests, dental screening, immunizations and referrals for disease prevention

**Family Planning Access Care and Treatment (PACT)**
- Tel: (800) 257-6900
- Language(s): Tagalog, Spanish, Thai, Cantonese, Russian, Urdu, and Armanian
- Services: Medi-Cal and Billing information

**Golden Gate Regional Center**
- 120 Howard St, 3rd Floor, San Francisco, CA 94105
- Tel: (415) 546-9222
- Language(s): Spanish, Chinese
- Services: Provide assessment and coordinate services for developmentally disabled, provide individual planning and services, early start program for kids 0-3 years old. People on H1B or Student visas not eligible.

**In-Home Supportive Services – IHSS**
- Tel: (408) 928-3737
- Language(s): Spanish, Farsi, Japanese, Vietnamese, and Russian
- Services: Homemaking services, personal care and transportation services for seniors or disabled persons. Must live at home and are eligible for Medi-Cal

**Medicare/Social Security**
- Tel: (800) 772-1213
- Website: www.ssa.gov
- Language(s): Spanish
- Services: Must be 65 years or older, have certain disabilities if person is under 65 years, or have end-stage renal disease. Part A includes hospitalization, skilled nursing home care, home health and hospice care. Part B covers medical and outpatient services not covered by Part A.

**Children Health Insurance Medi-Cal (Restricted or Basic)**
- Tel: (888) 244-5222

**Medi-Cal Disabled Adult Child**
- 770 So. Bascom, San Jose, A 95128
- Tel: (408) 885-3655
- Language(s): Spanish, English, Vietnamese, Cantonese, and Mandarin
- Services: Food, cash aid and health benefit programs to eligible low-income families. Medical visits, hospitalization, dental, vision, prescription drugs, lab tests.

**Social Services of Santa Clara County - Central Application Assistance Center**
- 1919 Senter Rd., San Jose, CA 95112
- Tel: (408) 271-5600

**North County Office**
- 1110 L’Avenida, Mountain View, CA 94043
- Tel: (650) 314-1300
- Language(s): Spanish, Vietnamese, Russian, Korean, Mandarin, and other languages available on request
- Services: Food, cash aid and health benefit programs to eligible low-income families.

**South County Office**
- 190 Leavesly Rd., Gilroy, CA 95020
- Tel: (408) 846-3900
- (Continued…)
- Language(s): Spanish, English and other languages available.
- Services: For all people. Health benefit programs to eligible low-income families.
Santa Clara County California Children Services (CCS)  
Tel: (408) 793-6200  
Language(s): English and Spanish  
Services: For children birth to 21 years. Medically necessary care, diagnosis and treatment, including hospitalization and in-home nursing services for eligible children.

Healthy Families  
Tel: 1(888) 244—5222  
Language(s): English, Spanish and Vietnamese  
Services: For Children birth to 19 years. Medical care, dental and vision care, hospitalization, prescriptions, some mental health and substance abuse services. Must not be eligible for any other medical insurance and share of cost required.  
Legal status not important.

Healthy Kids  
Tel: 1(888) 244-5222  
Language(s): English, Spanish and Vietnamese  
Services: For Children birth to 19 years, must be a resident of Santa Clara County. Medical care, dental and vision care, hospitalization, prescriptions, some mental health and substance abuse services. Must not be eligible for any other medical insurance and share of cost required.  
Legal status not important.

Medi-Cal Minor Consent Services  
Tel: (408) 271-5600  
Language(s): Spanish, Vietnamese, Cambodian, Mandarin, Cantonese, Tagalog, other languages available  
Services: Treatment of sexually transmitted diseases, drug and alcohol abuse services, family planning, sexual assault issues, mental health, pregnancy-related issues. Services are confidential and available without parents knowledge.

Denti-Cal  
Tel: (888) 244-5222  
Language(s): Spanish, English and Vietnamese  
Services: Diagnostic and preventative services, examinations, teeth cleanings, restorative services such as fillings, oral surgery and root canals with prior authorization. Dental sealants, fluoride applications, and limited orthodontic care only for children under 21.

Hospitals

Colombia Good Samaritan Hospital  
2585 Samaritan Drive, San Jose, CA 95124  
Tel: (408) 559-2011  
Website: www.sjgsmedgrp.com  
Language(s): Burmese, Cantonese, Mandarin, Czech, Filipino, French, Greek, German, Hindi, Italian, Polish, Russian, Spanish, Taiwanese.  

Columbia San Jose Medical Center  
675 E. Santa Clara St., San Jose, CA 95112  
Tel: (408) 998-3212  
Website: www.sanjosemedicalcenter.com  
El Camino Hospital  
2500 Grant Rd., Mountain View, CA 94040  
Tel: (650) 940-7000  
Website: www.ElCaminohealth.org  
Language(s): AT&T translation services for all languages  
Services: Full hospital services.  
Rotary Clinic (650) 988-8200
Kaiser Permanente Medical Center
900 Kiely Blvd., Santa Clara, CA 95051
Tel: (408) 236-6400
Website: www.pog.ufl.edu

Language(s): Spanish and Vietnamese.
Services: Pediatric Oncology Group in a National Cancer Institute, Marina Playa medical offices, Hearing Center, Occupational Health Service, Child and Adolescent Psychiatry, Aesthetic Services.

Lucile S. Packard Hospital
725 Welch Rd., Palo Alto, CA 94304
Tel: (650) 497-8000

Language(s): Translation services for all languages.
Services: Full service hospital

O’Connor Hospital
2105 Forest Ave, San Jose, CA 95128
Tel: (408) 947-2500
Tel: (800) 333-1355 Financial Consultant
Language(s): Language bank

Services: Hospital services.

Regional Medical Center of San José
225 N. Jackson Ave., San Jose, CA 95116
Tel: (408) 259-5000

Language(s): Spanish, Vietnamese.
Services: Newborns, children, rehabilitation, corporate health, heart care, cancer care, sleep disorders.

St. Louise Hospital
18500 St. Louise Drive, Morgan Hill, CA 95037
Tel: (408) 848-2000
9400 Noname Uno, Gilroy, CA 95020
Tel: (408) 848-8656 Financial Consultant

Services: Hospital services

Stanford University Medical Center
300 Pasteur Drive, Stanford, CA 94305
Tel: (650) 723-4000
Website: www.medcenter.Stanford.edu/

Language(s): 20 languages including a language center. Spanish and Russian.
Services: Health Maintenance Organizations. Point of Service. Tiers 2 and 3 Medicare. Hospital Care.

Valley Medical Center
Santa Clara Valley Health and Hospital System
751 S. Bascom Ave., San Jose, CA 95128
Tel: (408) 885-5000
Appointments: (408) 885-4580
TDD (408) 885-5000
Website: www.scvmed.org.com

Language(s): Vietnamese, Spanish, language bank.
Services: Full service hospital including urgent care, allergy, burn center, chest and pulmonary, dermatology, endocrinology, hematology/oncology, surgical/plastic surgery, pediatrics, urology, radiology, eye clinic, and geriatric services.

Community Clinics

Alviso Health Center
1621 Gold St., Alviso, CA 95002
Tel: (408) 262-7944
Language(s): Spanish and English

Services: Basic medical care, pediatrics and urgent OB GYN

Comprecare Health Center
3030 Alum Rock Ave., San Jose, CA 95121
Tel: (408) 259-8400
Language(s): Spanish, English and Tagalog

Services: Health Education for prenatal care, labor and delivery, new born, breastfeeding and birth control classes
Individual & Family Health Care

East Valley Community Clinic  
2470 Alvin Ave., San Jose, CA 95121  
Tel: (408) 274-7100  
Language(s): Tagalog, Hindi, Spanish and Vietnamese.  
Services: Primary medical services including medicine, school work camp, physicals, and immunizations.

Gardner Family Health Center  
195 E. Virginia Street, San Jose, CA 95112  
Tel: (408) 998-2264  
Language(s): Spanish, Vietnamese and Russian (by appointment)  
Services: Full service clinic offering outpatient medical and dental services, prenatal and well baby care, care for frail seniors and counseling.

Indian Health Center  
1333 Meridian Ave., San Jose, Ca 95125  
Tel: (408) 445-3400  
Services: Provides primary health care, substance abuse and human services counseling, health education, nutrition, WIC, and dentistry. Provides outreach and advocacy services to locate and assist people in obtaining medical assistance and social services.

St. James Health Center  
55 E. Julian Street, San Jose, CA 95110  
Tel: (408) 280-1316  
Language(s): Spanish  
Services: Offers general outpatient, medical services, mental health counseling, nutrition education and other services.

Mayview Community Clinic  
270 Grant Ave., Palo Alto, CA 94306  
Tel: (650) 327-8717  
Language(s): English and Spanish  
Services: General Practice

Mt. View Community Clinic  
100 N. Moffet Blvd., Ste 101, Mountain View, CA 94043  
Tel: (650) 965-3323  
Language(s): English and Spanish  
Services: Prenatal care, Immunization on Monday’s, Health Education, Pregnancy Test’s, Parenting and Family Planning classes, Medical care

Planned Parenthood Blossom Hill  
5440 Thornwood Dr., Ste. G, San Jose, CA 95123  
Tel: (408) 281-9777  
Language(s): English and Spanish  
Services: Birth Control, STD testing, prenatal care, gynecological appointments, pediatrics, abortions, general medical appointments for adults and children including immunizations.

Planned Parenthood Gilroy  
7933 Wren Ave., Ste. D, Gilroy, CA 95020  
Tel: (408) 847-1739  
Language(s): English and Spanish  
Services: Reproductive health services for men and women, STD testing, gynecological appointments, birth control and prenatal care.

Planned Parenthood Mountain View  
225 San Antonio Rd., Mountain View, CA 94040  
Tel: (650) 948-0807  
Language(s): English and Spanish  
Services: Reproductive health services for men and women, STD testing, gynecological appointments, birth control and prenatal care

Planned Parenthood Alameda  
1691 The Alameda, San Jose, CA 95126  
Tel: (408) 287-7526  
Language(s): English and Spanish  
Services: HIV testing, gynecological appointments, birth control, prenatal care, abortions and immunization.
### Planned Parenthood Sunnyvale
604 E. Evelyn, Sunnyvale, CA 94086  
Tel: (408) 739-5151  
Language(s): English and Spanish  
**Services:** Gynecological appointments, birth control, prenatal care, pediatrics, HIV testing, abortions, general medical care for adults and children including immunizations. Drop in services available.

### South County Health Center
700 West Sixth St., Ste. E & F, Gilroy, CA 95020  
Medical Tel: (408) 846-6755  
Dental Tel: (408) 846-6473  
Language(s): English and Spanish  
**Services:** General health care services and Dental care.

### Santa Clara Valley Health and Hospital System Health Centers

#### Chaboya Clinic
2410 Senter Rd., San Jose, CA 95111  
Tel: (888) 334-1000  
Language(s): Spanish, Vietnamese, Cambodian, Cantonese, Mandarin, Samoan, Tagalog.  
**Services:** Internal Medicine, Podiatry, Pharmacy, Diabetes Education and Services, Dental, Nutrition Consultation.

#### Fair Oaks Clinic
660 S. Fair Oaks Ave., San Jose, CA 94086  
Tel: (888) 334-1000  
Language(s): Spanish.  
**Services:** Neighborhood Health Center

#### Ira Greene Positive PACE Clinic
2400 Moorpark Ave, Suite 316B, San Jose, CA 95128-2625  
Tel: (408) 885 4690  
Language(s): Spanish  
**Services:** Outpatient HIV/AIDS services.

### Park Alameda Clinic
976 Lenzen Ave, Rm. 1800, San Jose, CA 95126  
Tel: (408) 792-5556  
Language(s): Spanish, Vietnamese, Cambodian, Serbo-Croatian, Russian, Mandarin and Cantonese.  
**Services:** Family Planning Pregnancy Testing, breast cancer early detection, women’s and men’s education.

### Public Health Programs – TB Clinic
976 Lenzen Ave, Room 1800, San Jose, CA 95126  
Phone: (408) 792-5586  
Language(s): Spanish, Vietnamese, Cambodian, Cantonese, Mandarin, Russian, Bosnian, Lao, Thai, French, Portuguese.  
**Services:** Adult and Children Medicine, TB Clinic, Family Planning.

### Refugee Health Clinic
976 Lenzen Ave, Rm. 1800, San Jose, CA 95126  
Tel: (408) 792-5500  
Language(s): Spanish, Vietnamese, Serbo-Croatian, Cambodian, Russian, Mandarin, Cantonese and Tagalog.  
**Services:** Primary Care for children, Child Health and Disability Prevention, Refugee Health Assessment, Preventive Education.

### ROTACARE/Arturo Ochoa Migrant Center
470 East 7th St, Gilroy, CA 95020  
Tel: (408) 842-1017  
Language(s): Spanish  
**Services:** Medical health care services for anyone in need who is uninsured; referrals for ongoing care are given to other health care centers. Walk-in or appointments accepted. Free clinic, First and Third Tuesdays 6-8:30PM (Closed November, April and March)
Need to get somewhere?  For VTA (bus) information on how to get to an agency, call (408) 321-2300.  Give the operator facts about where you are coming from and where you would like to go.

**ROTACARE/San Jose**
100 Oak St., San Jose, CA 95110  
Tel: (408) 924-0401  
Language(s): Spanish and Vietnamese  
**Services:** Free clinic, Wednesdays 5:30-8:30 PM

**ROTACARE/ Mountain View**
2400 Grant Road, Mountain View, CA 94048  
Phone: (650) 988-8200  
Language(s): Spanish  
**Services:** Monday - Wednesday, 5:30 – 9PM

**Silver Creek Clinic**
1620 E. Capitol Expressway, San Jose, CA 95121  
Tel: (888) 334-1000  
Language(s): Language bank.  
**Services:** OB/GYN and Pediatrics.

**South Valley Clinic**
90 Highland Ave., San Martin, CA 95046  
Tel: (408) 686-2200  
Language(s): Spanish.  
**Services:** OB/GYN, Pediatrics, Adult Medicine, Urgent Care.

**Valley Health Center**
750 S. Bascom Ave., San Jose, CA 95128  
Tel: (408) 885-4600  
Language(s): Spanish, Vietnamese, language bank.  
**Services:** Arthritis and Neurology, Acute and Primary Care, Cardiology, Pediatrics, Surgical Specialties, Podiatry, OB/GYN, Endocrinology, Clean Slate (tattoo removal): (408) 277-5744.

**Valley Health Center at Moorpark**
2400 Moorpark Ave., San Jose, CA 95128  
Tel: (888) 334-1000  
Language(s): Language bank.  
**Services:** Adult Medicine, Pediatrics, Rehab Medicine, Neurology.
Need to get somewhere? For VTA (bus) information on how to get to an agency, call (408) 321-2300. Give the operator facts about where you are coming from and where you would like to go.