

## **Sikh Student - Case Study**

Gurpreet is 11 years old and attends Main Elementary School which is located a few blocks from his home. He is in the sixth grade, and is a bit shy and somewhat anxious around his peers. He just moved to the city 3 months ago and has not yet made any friends at the new school. Gurpreet wears a patka, and is very self-conscious about his appearance.

Over the past month, Gurpreet has become increasingly withdrawn. Several weeks ago he came home with a tear in his favorite jacket, and it looked like he had re-tied his patka himself. When his mother asked him what happened, he hurriedly said it was an accident. He goes straight to his room after school and shuts the door. His mother has noticed that he has become more irritable and is often tearful, but when she tries to talk to him about this, he tells her to go away. She is worried about him and thinks this is a phase he's going through because they've just moved to a new city, but has suspicions that kids are picking on him at school. She also worries about making Gurpreet too dependent on her if she gets too involved in his problems.

### **Questions:**

**What would you do if you were Gurpreet?**

**What would you do if you were Gurpreet's friend?**

**What would you do if you were watching Gurpreet getting harassed?**

**Are there bullies in your school? Where are they? What do they look like?**

**What kinds of things do they say or do?**

**If you saw someone being picked on/teased, what would you do?**

**What would you do if it was you?**